

# GET PROTECTED

## INFOSESEN LONG SAED BLONG FLU VAKSIN

### FROM WANEM MI SUD KASEM WAN FLU VAKSIN?

- Flu hem i wan kaen sik we vaeres blong influenza i mekem
- Flu hem i isi blong kasem long narafala man o woman, mo mifala i luk se bae plante pipol i kasem flu long yia ia
- Sik ia flu i save mekem samfala pipol oli kam sik bigwan
- Vaksin blong flu i save help blong protektem yu long sik, mo blong stopem narafala wan blong kasem sik
- Evriwan we ej blong hem i bitim 6 manis i save kasem wan flu vaksin



### HAONAO MI SAVE KASEM WAN FLU VAKSIN?

- Yu save kasem wan flu vaksin long dokta blong yu, famasi, komuniti helt senta o klinik, o Aborijinol helt sevis
- Samfala sevis i save kam long hom blong yu blong givim vaksin ia, o sapos yu liv long wan ples we oli givhan long wok blong haos
- Samfala pipol oli gat moa risk blong kasem sam problem long flu i mekem se oli save kasem wan fri flu vaksin
  - Oi pikinini anda long 5 yia
  - Oi olfala ova long 65 yia
  - Oi fes nesen pipol
  - Oi woman we i gat bel
  - Oi pipol we i gat narafala helt problem olsem sik blong suga

### WATAEM NAO MI SUD KASEM WAN FLU VAKSIN?

- Yu sud kasem wan flu vaksin evri yia
- Hem i gud blong kasem wan flu vaksin bifo long winta (kolkol taem) be yu save kasem vaksin ia long enitaem long yia
- Hem i sef blong kasem wan flu vaksin long semtaem yu kasem wan COVID-19 vaksin

### I GAT ENI SAED IFEK BLONG VAKSIN?

- Samfala pipol i save harem sik afta we oli kasem eni vaksin, hemia nao oli singaotem wan saed ifek
- Fulap saed ifek i smol nomo, mo bae i stap blong 1 o 2 dei nomo
- Samfala saed ifek i olsem:
  - Harem taed
  - Filim pen long han long ples we oli stikim yu
- Yu no save kasem sik blong influenza tru long flu vaksin

Visit the LMPHU website by scanning the QR code



### WEANAO MI SAVE KASEM MOA INFOSESEN?

Kolem Loddon Mallee Public Health Unit: 1800 959 400

Toktok long sapot pesen o dokta blong yu